Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		EMBER ple who make us happy; they are		make our souls blossom."	1 10:00a Chair Exercises 10:45a Trivia Fun 12:00p Lunch 2:30p Happy Hour 3:30p Bingo! 5:00p Dinner 6:30p Residents Choice Diwali (Hindu)	2 10:00a Coffee and Conversations 12:00p Lunch 3:00p Groovin to the Oldies 5:00p Dinner 6:30p Popcorn and Movie
10:00a Coffee and Conversations 12:00p Lunch 2:30p Ice Cream Social 5:00p Dinner 6:30p Gaither's Video	3 10:00a Chair Exercises 10:45a Morning Rituals 12:00p Lunch 2:30p Bingo! 3:30p Manicures 5:00p Dinner 6:30p Independent Activities	5 10:00a Let's Talk about Jesus! 12:00p Lunch 2:00p Music with Gary 3:30p Po-Ke-No 5:00p Dinner 6:30p Game Shows(TV)	10:00a Walmart 10:30a Chair Exercises 12:00p Lunch 2:30p Cookie-tasting Contest 3:30p Afternoon Stroll 5:00p Dinner 6:30p Games of Choice	7 9:45a Wings of Faith 10:45a Bowling 12:00p Lunch 2:30p Ice Cream Social 3:30p Manicures 5:00p Dinner 6:30p Popcorn and Movie	8 10:00a Veteran's Program by HMC 12:00p Lunch 2:30p Happy Hour 3:30p Bingo! 5:00p Dinner 6:30p Residents Choice	9 10:00a Coffee and Conversations 12:00p Lunch 3:00p Groovin to the Oldies 5:00p Dinner 6:30p Popcorn and Movie
Daylight Saving Time End 10:00a Coffee and Conversations 12:00p Lunch 2:30p Ice Cream Social 5:00p Dinner 6:30p Gaither's Video	10 10 10:00a Chair Exercises 10:45a Times we Treasure 12:00p Lunch 2:30p Bingo! 3:30p Manicures 5:00p Dinner 6:30p Independent Activities Veterans Day Remembrance Day (Canada)	12 10:00a Let's Talk about Jesus! 12:00p Lunch 2:30p "This Ole House" 5:00p Dinner 6:30p Game Shows(TV)	10:00a Chair Exercises 10:45a World Kindness Day 12:00p Lunch 2:00p Music with Bob 5:00p Dinner 6:30p Games of Choice	3 9:45a Wings of Faith 10:45a Bowling 12:00p Lunch 2:30p Ice Cream Social 3:30p Manicures 5:00p Dinner 6:30p Popcorn and Movie	15 10:00a Chair Exercises 10:45a Thanksgiving Day Craft 12:00p Lunch 2:30p Happy Hour 3:30p Bingo! 5:00p Dinner 6:30p Residents Choice	16 10:00a Coffee and Conversations 12:00p Lunch 3:00p Groovin to the Oldies 5:00p Dinner 6:30p Popcorn and Movie
10:00a Coffee and Conversations 12:00p Lunch 2:30p Ice Cream Social 5:00p Dinner 6:30p Gaither's Video	17 10:00a Chair Exercises 10:45a Manicures 12:00p Lunch 2:30p Birthday Party 3:30p Bingo! 5:00p Dinner 6:30p Independent Activities	19 10:00a Let's Talk about Jesus! 12:00p Lunch 2:00p Music with Gary 3:30p Po-Ke-No 5:00p Dinner 6:30p Game Shows(TV)	20 10:00a Walmart 10:30a Chair Exercises 12:00p Lunch 2:30p Let's Talk Turkey 3:30p Turkey Toss 5:00p Dinner 6:30p Games of Choice	21 9:45a Wings of Faith 10:45a Bowling 12:00p Lunch 2:30p Ice Cream Social by Encompass 3:30p Manicures 5:00p Dinner 6:30p Popcorn and Movie	22 10:00a Chair Exercises 10:45a Arts and Crafts 12:00p Lunch 2:30p Happy Hour 3:30p Bingo! 5:00p Dinner 6:30p Residents Choice	23 10:00a Coffee and Conversations 12:00p Lunch 3:00p Groovin to the Oldies 5:00p Dinner 6:30p Popcorn and Movie
10:00a Coffee and Conversations 12:00p Lunch 2:30p Ice Cream Social 5:00p Dinner 6:30p Gaither's Video	24 25 10:00a Chair Exercises 10:45a Bingo! 12:00p Lunch 2:30p Parfait Day 3:30p Manicures 5:00p Dinner 6:30p Independent Activities	26 10:00a Let's Talk about Jesus! 12:00p Lunch 2:00p Music with Linda 3:30p Po-Ke-No 5:00p Dinner 6:30p Game Shows(TV)	27 10:00a Chair Exercises 10:45a The Price is Right 12:00p Lunch 2:30p Country Ride 5:00p Dinner 6:30p Games of Choice	7 9:00a Macy's Thanksgiving Parade 12:00p Lunch 2:30p Ice Cream Social 3:30p Manicures 5:00p Dinner 6:30p Popcorn and Movie Thanksgiving Day	29 10:00a Chair Exercises 10:45a Resident Council 12:00p Lunch 2:30p Happy Hour 3:30p Bingo! 5:00p Dinner 6:30p Residents Choice	30 10:00a Coffee and Conversations 12:00p Lunch 3:00p Groovin to the Oldies 5:00p Dinner 6:30p Popcorn and Movie

ALL ACTIVITIES ARE SUBJECT TO CHANGE